



Allergen Guide

The highlighted locations are good options for the below allergen/concern

<u>Building</u>	<u>Location</u>	Gluten	Soybeans	Peanut	Tree Nut	Dairy	Vegan	Vegetarian	Eggs	Fish	Shellfish
Shafer Court Dining Hall	Catering										
Shafer Court Dining Hall	Einstein Shafer										
Shafer Court Dining Hall	Market 810 Dining Hall										
Cabell Library	Cabell Starbucks										
Student Commons	POD Market										
Student Commons	Subway										
Student Commons	Pizza Hut										
Student Commons	Chick-Fil-A										
Student Commons	Freshii (Coming Soon)										
Student Commons	Taco Bell										
Gateway at MCV	Einsteins										
Gateway at MCV	Wendys										
Larrick Center	Jonahs										
Larrick Center	Starbucks										
Laurel & Grace	IHOP Express										
Laurel & Grace	Raising Canes										
Laurel & Grace	Crouton's Salads & Wraps										
Cary & Belvedere	Chilis										
Cary & Belvedere	Starbucks										
Cary & Belvedere	Cary Street Market & Deli										
Grace Street	Panda Express										

*Even foods commonly prepared without gluten containing ingredients may not be 'gluten-free'. Our recipes are prepared in open kitchens where cross-contact is possible and where ingredient substitutions are sometimes made. If you have celiac disease or a gluten sensitivity please notify your on-site manager to request an individually prepared 'gluten-free' meal.

Refer to the menus and ingredient information that are available on our website www.campusdish.com. We use manufacturer - provided information and we do not confirm the presence or lack of an allergen.

VCU Dining Services periodically reviews ingredients to verify ingredient labeling is consistent with what is provided by the manufacturer. Ingredients listed may be subject to change without notification.