

# Allergen Guide

The locations below are good options for the selected allergens and ingredient concerns.

<b>MONROE PARK CAMPUS</b>	Gluten	Soybeans	Peanut	Tree Nut	Dairy	Vegan	Vegetarian	Eggs	Fish	Shellfish
VCU Catering	•	•	•	•	•	•	•	•	•	•
Shafer Court Dining Center	•	•	•	•	•	•	•	•	•	•
Market 810-2-Go	•	•	•	•	•	•	•	•	•	•
Einstein Bros. Bagels	•	•	•	•	•	•	•	•	•	•
Subway	•	•	•	•	•	•	•	•	•	•
Pizza Hut Express	•	•	•	•	•	•	•	•	•	•
Chick-fil-A	•	•	•	•	•	•	•	•	•	•
Freshii - coming soon	•	•	•	•	•	•	•	•	•	•
Taco Bell	•	•	•	•	•	•	•	•	•	•
P.O.D. Market	•	•	•	•	•	•	•	•	•	•
Starbucks - James Branch Cabell Library	•	•	•	•	•	•	•	•	•	•
Harris Hall Convenience Store	•	•	•	•	•	•	•	•	•	•
Bleecker Street	•	•	•	•	•	•	•	•	•	•
Panda Express	•	•	•	•	•	•	•	•	•	•
IHOP Express	•	•	•	•	•	•	•	•	•	•
Raising Cane's	•	•	•	•	•	•	•	•	•	•
Croutons	•	•	•	•	•	•	•	•	•	•
Chili's	•	•	•	•	•	•	•	•	•	•
Starbucks - Cary & Belvidere	•	•	•	•	•	•	•	•	•	•
Cary Street Market & Deli	•	•	•	•	•	•	•	•	•	•
<b>MCV CAMPUS</b>										
Jonah's	•	•	•	•	•	•	•	•	•	•
Starbucks - Larrick Student Center	•	•	•	•	•	•	•	•	•	•
Einstein Bros. Bagels	•	•	•	•	•	•	•	•	•	•
Wendy's	•	•	•	•	•	•	•	•	•	•

\*Even foods commonly prepared without gluten containing ingredients may not be 'gluten-free'. Our recipes are prepared in open kitchens where cross-contact is possible and where ingredient substitutions are sometimes made. If you have celiac disease or a gluten sensitivity please notify your on-site manager to request an individually prepared 'gluten-free' meal. Refer to the menus and ingredient information that are available on our website [www.campusdish.com](http://www.campusdish.com). We use manufacturer - provided information and we do not confirm the presence or lack of an allergen. VCU Dining Services periodically reviews ingredients to verify ingredient labeling is consistent with what is provided by the manufacturer. Ingredients listed may be subject to change without notification.