



CHILI'S NUTRITION

Effective: 9/1/22

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

All items are listed **as served**, unless otherwise indicated.

DINING ROOM PORTIONS											
Beverages - Beer Bottle	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Angry Orchard 12 fl oz	190	0	0	0	0	0	20	25	0	20	0
Bud Light 12 fl oz	110	0	0	0	0	0	0	7	0	0	1
Budweiser 12 fl oz	150	0	0	0	0	0	0	11	0	0	1
Coors Light 12 fl oz	100	0	0	0	0	0	10	5	0	1	0
Corona Extra 12 fl oz	150	0	0	0	0	0	15	14	0	0	1
Corona Premier 12 fl oz	90	0	0	0	0	0	0	3	0	0	1
Dos Equis 12 fl oz	130	0	0	0	0	0	0	11	0	3	1
Heineken 12 fl oz	140	0	0	0	0	0	10	11	0	2	3
Heineken 00 12 fl oz	70	0	0	0	0	0	5	17	0	4	0
Truly's Strawberry Lemonade	100	0	0	0	0	0	45	3	0	1	0
Michelob Ultra 12 fl oz	90	0	0	0	0	0	0	3	0	0	1
Miller Lite 12 fl oz	100	0	0	0	0	0	0	3	0	0	0
Stone IPA 12 fl oz	200	0	0	0	0	0	30	18	0	0	1
Beverages - Beer Draft (10, 16, 22 oz)	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Bud Light 10 fl oz	90	0	0	0	0	0	0	5	0	0	1
Bud Light 16 fl oz	150	0	0	0	0	0	0	9	0	0	1
Bud Light 22 fl oz	200	0	0	0	0	0	0	12	0	0	2
Blue Moon 10 fl oz	140	0	0	0	0	0	10	12	0	0	2
Blue Moon 16 fl oz	220	0	0	0	0	0	15	19	0	0	3
Blue Moon 22 fl oz	310	0	0	0	0	0	20	26	0	0	3
Coors Light 10 fl oz	80	0	0	0	0	0	10	4	0	1	0
Coors Light 16 fl oz	140	0	0	0	0	0	15	7	0	1	0
Coors Light 22 fl oz	190	0	0	0	0	0	20	9	0	2	0
Craft Beer 3-5 % ABV 10 fl oz	110	0	0	0	0	0	0	11	0	0	0
Craft Beer 3-5 % ABV 16 fl oz	180	0	0	0	0	0	0	17	0	0	0
Craft Beer 3-5 % ABV 22 fl oz	240	0	0	0	0	0	0	24	0	0	0
Craft Beer 6-8 % ABV 10 fl oz	190	0	0	0	0	0	0	17	0	0	0
Craft Beer 6-8 % ABV 16 fl oz	300	0	0	0	0	0	0	27	0	0	0
Craft Beer 6-8 % ABV 22 fl oz	410	0	0	0	0	0	0	37	0	0	0
Dos Equis 10 fl oz	110	0	0	0	0	0	0	9	0	3	1
Dos Equis 16 fl oz	170	0	0	0	0	0	0	15	0	4	1
Dos Equis 22 fl oz	240	0	0	0	0	0	0	20	0	6	2
Michelob Ultra 10 fl oz	80	0	0	0	0	0	0	2	0	0	0
Michelob Ultra 16 fl oz	130	0	0	0	0	0	0	3	0	0	1
Michelob Ultra 22 fl oz	170	0	0	0	0	0	0	5	0	0	1
Miller Lite 10 fl oz	80	0	0	0	0	0	0	3	0	0	0
Miller Lite 16 fl oz	130	0	0	0	0	0	5	4	0	0	0
Miller Lite 22 fl oz	180	0	0	0	0	0	10	6	0	0	0
Modelo Especial 10 fl oz	120	0	0	0	0	0	15	11	0	0	1
Modelo Especial 16 fl oz	190	0	0	0	0	0	25	18	0	0	1
Modelo Especial 22 fl oz	260	0	0	0	0	0	35	25	0	0	2
Stella Artois 10 fl oz	130	0	0	0	0	0	0	10	0	0	0
Stella Artois 16 fl oz	220	0	0	0	0	0	0	17	0	0	0
Beverages - Beer Draft (10, 16, 22 oz)	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Stella Artois 22 fl oz	300	0	0	0	0	0	0	23	0	0	0
Sam Adams Boston Lager 10 fl oz	140	0	0	0	0	0	15	14	1	1	2
Sam Adams Boston Lager 16 fl oz	230	0	0	0	0	0	25	23	1	1	3
Sam Adams Boston Lager 22 fl oz	310	0	0	0	0	0	35	31	2	2	4
Sam Adams Cold Snap 10 fl oz	140	0	0	0	0	0	15	12	1	0	2
Sam Adams Cold Snap 16 fl oz	230	0	0	0	0	0	25	19	1	0	3
Sam Adams Cold Snap 22 fl oz	310	0	0	0	0	0	35	26	2	0	4
Sam Adams Octoberfest 10 fl oz	160	0	0	0	0	0	15	16	1	0	2
Sam Adams Octoberfest 16 fl oz	250	0	0	0	0	0	25	25	1	0	3
Sam Adams Octoberfest 22 fl oz	350	0	0	0	0	0	35	35	2	0	4
Sam Adams Summer Ale 10 fl oz	140	0	0	0	0	0	15	12	1	0	2
Sam Adams Summer Ale 16 fl oz	230	0	0	0	0	0	25	19	1	0	3
Sam Adams Summer Ale 22 fl oz	310	0	0	0	0	0	35	26	2	0	4
Sam Adams Winter Lager 10 fl oz	160	0	0	0	0	0	25	15	1	0	2
Sam Adams Winter Lager 16 fl oz	250	0	0	0	0	0	40	24	1	0	3
Sam Adams Winter Lager 22 fl oz	350	0	0	0	0	0	55	33	2	0	4
Beverages - Cocktails	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Deep Eddy Strawberry Lemonade	280	0	0	0	0	0	0	40	0	36	0
Captain's Castaway	240	0	0	0	0	0	0	49	0	45	0
Premium Long Island Iced Tea	290	0	0	0	0	0	0	32	0	28	0
Tito's Punch	320	0	0	0	0	0	10	53	0	50	0
Bloody Mary or Maria	140	10	1.5	0	0	0	2180	12	2	7	2

Beverages - Margaritas	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Curevo Blue Margarita	250	0	0	0	0	0	1160	36	0	33	0
Dreamy Frose	330	0	0	0	0	0	10	38	1	34	1
El Nino Margarita	330	0	0	0	0	0	1160	34	0	29	0
Grand Coconut Margarita	360	0	0	0	0	0	0	64	0	61	0
House Mar-Go-Rita Frozen Classic	320	0	0	0	0	0	770	48	0	43	0
House Mar-Go-Rita Frozen Mango	400	0	0	0	0	0	10	71	0	65	0
House Mar-Go-Rita Frozen Strawberry	350	0	0	0	0	0	10	58	1	52	0
House Mar-Go-Rita Classic	190	0	0	0	0	0	660	24	0	21	0
House Mar-Go-Rita Mango	340	0	0	0	0	0	0	60	0	57	0
House Mar-Go-Rita Strawberry	230	0	0	0	0	0	0	35	1	32	0
Jackberry Margarita	270	0	0	0	0	0	1160	36	0	32	0
Patron Margarita	290	0	0	0	0	0	1160	43	0	38	0
Patron Margarita - Blackberry	310	0	0	0	0	0	0	44	0	41	0
Patron Margarita - Mango	360	0	0	0	0	0	0	57	0	52	0
Patron Margarita - Strawberry	280	0	0	0	0	0	0	40	1	35	0
Presidente Margarita	240	0	0	0	0	0	1020	24	0	20	0
Presidente Margarita - Mango	350	0	0	0	0	0	0	50	0	46	0
Presidente Margarita - Strawberry	280	0	0	0	0	0	0	34	1	29	0
Tropical Sunrise Margarita	270	0	0	0	0	0	10	38	0	36	0
Beverages - Wine	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Red Wine 6 fl oz	150	0	0	0	0	0	5	5	0	1	0
Red Wine 9 fl oz	220	0	0	0	0	0	10	7	0	2	0
Blush Wine 6 fl oz	170	0	0	0	0	0	25	10	0	10	0
Blush Wine 9 fl oz	250	0	0	0	0	0	35	16	0	16	1
White Wine 6 fl oz	140	0	0	0	0	0	10	4	0	2	0
White Wine 9 fl oz	210	0	0	0	0	0	15	7	0	2	0
Coca-Cola	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Regular Cup*	110	0	0	0	0	0	35	30	0	30	0
Kid Cup*	100	0	0	0	0	0	30	27	0	27	0
Togo Cup*	190	0	0	0	0	0	65	53	0	53	0
Coca-Cola Zero	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Regular Cup*	0	0	0	0	0	0	30	0	0	0	0
Kid Cup*	0	0	0	0	0	0	25	0	0	0	0
Togo Cup*	0	0	0	0	0	0	55	0	0	0	0
Diet Coke	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Regular Cup*	0	0	0	0	0	0	30	0	0	0	0
Kid Cup*	0	0	0	0	0	0	25	0	0	0	0
Togo Cup*	0	0	0	0	0	0	55	0	0	0	0
Dr. Pepper	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Regular Cup*	110	0	0	0	0	0	45	30	0	29	0
Kid Cup*	100	0	0	0	0	0	40	26	0	26	0
Togo Cup*	200	0	0	0	0	0	80	53	0	51	0
Lemonade	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Minute Maid Regular Cup*	110	0	0	0	0	0	35	31	0	29	0
Minute Maid Kid Cup*	100	0	0	0	0	0	35	27	0	26	0
Minute Maid Togo Cup*	200	0	0	0	0	0	65	55	0	52	0
Strawberry Regular Cup*	130	0	0	0	0	0	30	37	1	35	0
Strawberry Kid Cup*	120	0	0	0	0	0	30	33	1	31	0
Strawberry Togo Cup*	240	0	0	0	0	0	55	65	1	61	0
Sprite	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Regular Cup*	120	0	0	0	0	0	25	30	0	27	0
Kid Cup*	110	0	0	0	0	0	25	27	0	24	0
Togo Cup*	210	0	0	0	0	0	50	54	0	47	0
Arnold Palmer	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Original Regular Cup*	60	0	0	0	0	0	20	16	0	15	0
Original Togo Cup*	100	0	0	0	0	0	40	28	0	26	0
Strawberry Regular Cup*	70	0	0	0	0	0	20	19	0	17	0
Strawberry Togo Cup	120	0	0	0	0	0	35	33	1	31	0
Mango Regular Cup*	80	0	0	0	0	0	20	23	0	21	0
Mango Togo Cup*	150	0	0	0	0	0	40	41	0	38	0
Ice Tea	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Blackberry Regular Cup*	80	0	0	0	0	0	10	19	0	18	0
Blackberry Togo Cup*	80	0	0	0	0	0	15	19	0	18	0
Mango Regular Cup*	80	0	0	0	0	0	10	20	0	18	0
Mango Togo Cup*	80	0	0	0	0	0	15	20	0	18	0
Miscellaneous Beverages	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Chili's Premium Blend Coffee	0	0	0	0	0	0	0	0	0	0	0
Dasani Water	0	0	0	0	0	0	0	0	0	0	0
IBC® Rootbeer Bottle	160	0	0	0	0	0	60	41	0	41	0
Kids - Blue Lagoon	120	0	0	0	0	0	25	31	0	28	0
2% Chocolate Milk - Kids	290	60	7	4.5	0	30	250	45	3	36	11
2% Milk - Kids	180	70	7	4.5	0	30	170	18	0	18	12
Apple Juice Togo Cup/8 fl oz	120	0	0	0	0	0	15	29	0	28	0
Cranberry Juice Togo Cup/8 fl oz	120	0	0	0	0	0	35	30	0	30	0
Orange Juice Togo Cup/8 fl oz	110	0	0	0	0	0	10	27	0	24	2
Pineapple Juice Togo Cup/8 fl oz	130	5	0	0	0	0	0	30	0	28	1

Baby Back Ribs w/o Sides	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Dry Rub - Full Rack	1480	970	107	41	0	410	5120	30	3	24	99
Dry Rub - Half Rack	780	490	54	20	0	205	2960	23	2	19	50
Honey-Chipotle BBQ - Full Rack	1520	950	106	41	0	410	1800	47	0	34	98
Honey-Chipotle BBQ - Half Rack	760	480	53	20	0	205	900	23	0	17	49
House BBQ - Full Rack	1440	960	107	41	0	410	2180	21	1	19	99
House BBQ - Half Rack	720	480	53	20	0	205	1090	11	1	9	49
Big Mouth Burgers w/o Side Fries	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Alex's Santa Fe Burger	920	550	61	23	2.5	135	1130	49	6	11	49
Bacon Rancher Burger	1710	1110	123	50	5	305	2730	49	3	14	100
BBQ Brisket Burger	1270	790	88	33	2.5	205	2180	61	4	25	65
Big Bacon BBQ Burger	1660	1030	114	49	5	300	2650	57	3	21	102
Big Mouth® Bites	1210	650	72	26	2.5	185	2610	77	5	19	65
Chili's Secret Sauce Burger	970	580	65	24	3	135	1220	51	3	17	46
Just Bacon Burger	1020	620	69	26	2.5	155	1330	47	3	12	53
Mushroom Swiss Burger	1000	610	68	25	2.5	140	1030	48	5	12	50
Oldtimer® with Cheese Burger	850	470	53	22	2.5	130	1220	46	4	11	48
Queso Burger	930	540	60	24	3	130	1160	51	3	12	49
Substitutes & Add-Ons	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Classic Beef Patty	470	330	37	16	2.5	110	330	0	0	0	36
Black Bean Patty	200	70	8	1	0	0	540	22	8	2	17
Add Avocado Slices	80	70	7	1	0	0	0	4	3	0	1
Add Applewood Smoked Bacon	70	50	6	2	0	15	210	0	0	0	5
Add Sautéed Mushrooms	60	40	4.5	1.5	0	0	150	3	1	1	1
Add The Original Chili	110	60	6	2.5	0	15	460	4	0	1	6
Crispers & More As Served	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Baked Seafood Pasta	1600	890	99	57	2.5	475	5420	121	8	15	109
Cajun Pasta with Grilled Chicken	1200	510	57	23	1	180	3710	110	8	6	62
Cajun Pasta with Seared Shrimp	1090	460	51	22	1	195	3580	109	7	5	47
Crispy Honey Chipotle	1830	830	92	16	0	110	4990	200	10	66	57
Original Tempura w/Honey Mustard	1350	590	65	11	0	135	4300	134	7	21	59
Crispy with Choice of Sauce	1390	670	74	12	0	95	3680	127	9	13	55
House BBQ Sauce	80	10	1	0	0	0	790	16	1	14	1
Honey Mustard	200	160	18	3	0	20	330	10	0	10	1
Ranch Dressing	170	160	18	3	0	15	300	2	0	2	1
Fajitas w/o Toppings	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Black Bean & Veggie	1060	340	38	9	0	5	3190	149	23	18	39
Grilled Chicken	1120	300	34	9	0	210	3710	127	13	16	77
Grilled Steak	1220	400	44	14	1	165	3830	130	13	17	76
Shrimp	950	270	30	9	0	240	4260	126	13	16	44
Fajitas Mix & Match Choose 2 or 3	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Fajita Peppers & Onions	180	100	11	2.5	0	0	1020	20	3	9	3
Grilled Steak (1 portion)	200	80	9	3	0	80	590	2	0	1	27
Grilled Chicken (1 portion)	150	30	3.5	1	0	105	530	1	0	0	28
Seared Shrimp (1 portion)	60	20	2	0	0	120	810	1	0	0	11
Vegetable Black bean (1 portion)	240	100	11	1.5	0	0	540	24	10	2	17
All Fajitas Include	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Fajita Toppings	260	180	20	12	0	65	910	7	1	4	15
Add Guacamole	50	40	4.5	0.5	0	0	95	3	2	0	1
Add White Queso & Pico de Gallo	150	110	12	6	0	20	440	5	1	3	6
Flour Tortillas (4 each)	360	90	10	4.5	0	0	430	58	4	4	9
Corn Tortillas (4 each)	250	25	2.5	0.5	0	0	0	51	5	1	5
Side Rice	160	40	4.5	1	0	0	480	27	1	1	3
Side Beans	120	10	1	0	0	0	710	20	6	2	7
For Starters As Served	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Bone-In Wings - Buffalo	890	590	65	11	0.5	325	2800	4	1	2	73
Bone-In Wings - Honey Chipotle	1060	480	54	9	0.5	330	2460	74	1	53	73
Bone-In Wings - House BBQ	860	490	55	10	0.5	330	2240	19	1	16	74
Boneless Wings - Buffalo	1060	640	71	12	0	120	3840	58	4	2	49
Boneless Wings - Honey Chipotle	1200	510	57	10	0	120	2990	126	4	53	48
Boneless Wings - House BBQ	1100	540	60	10	0	120	3610	89	5	30	50
Chips & Salsa	910	410	45	7	0	0	1920	113	8	5	13
Add House-Made Ranch	450	420	47	8	0.5	40	810	6	0	4	3
Add Skillet Queso	420	280	31	14	0	80	1810	13	2	10	21
Add White Spinach Queso	550	400	45	22	1	100	1250	14	4	5	26
Add Fresh Guacamole	230	190	21	3	0	0	430	14	10	2	3
Chips with Guacamole & Salsa	1140	590	66	10	0	0	2350	128	18	7	16
Classic Nachos	1110	680	75	39	0	200	2540	55	6	9	54
Classic Nachos - Beef	1370	800	89	43	0.5	300	3510	55	6	9	89
Classic Nachos - Chicken	1310	730	82	40	0	310	2540	55	6	9	91
Dip Trio - Choose 3	880	400	45	7	0	0	810	107	7	1	12
Skillet Queso	210	140	16	7	0	40	910	7	1	5	11
White Queso	290	210	23	12	1	45	740	8	0	4	11
Guacamole	120	90	10	1.5	0	0	220	7	5	1	2
Salsa	30	0	0	0	0	0	1110	7	2	4	1
Ranch	450	420	47	8	0.5	40	810	6	0	4	3
Fried Mozzarella	920	500	55	27	1	105	2950	59	6	8	48
Fried Pickles	610	400	45	8	0	15	3610	45	4	2	7

For Starters <i>As Served</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Skillet Queso	1330	690	77	22	0	80	3730	126	10	15	34
Southwestern Eggrolls	800	370	41	10	0	50	2180	82	8	9	28
TD™ Big Mouth® Bites	780	480	54	16	1.5	110	1610	40	3	11	34
TD™ Boneless Wings - Buffalo	620	420	47	8	0	60	1980	28	2	1	23
TD™ Boneless Wings - Honey-Chipotle	660	330	36	6	0	65	1600	63	2	28	23
TD™ Boneless Wings - House BBQ	600	330	37	6	0	65	1890	43	3	16	24
TD™ Fried Mozzarella	630	340	37	18	1	70	2180	42	4	8	33
TD™ Fried Pickles	390	280	31	5	0	15	1960	23	2	2	4
TD™ Crispy Chicken Crispers® w/o Sauce	590	340	38	7	0	70	1990	28	2	1	34
TD™ Honey-Chipotle Chicken Crispers	900	500	56	10	0	85	2800	66	2	28	35
TD™ Original Chicken Crispers®	610	320	36	6	0	105	2540	36	0	10	37
TD™ Southwestern Eggrolls	580	290	32	8	0	35	1530	55	6	6	19
TX Cheese Fries - Full Order	1800	1100	122	51	0	270	4140	99	8	4	77
TX Cheese Fries - Half Order	1300	820	91	38	0	195	2730	67	5	3	53
TX Cheese Fries w/Chili - Full Order	2140	1270	141	58	1.5	310	5530	112	9	8	94
TX Cheese Fries w/Chili - Half Order	1470	910	101	42	1	215	3430	74	6	5	62
White Spinach Queso	1460	810	90	30	1	100	3170	127	12	10	39
Bar Menu Food	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Dip Duo	1360	830	92	16	0.5	40	2730	119	8	9	16
White Queso Curly Fries	1000	630	70	19	1	65	2870	76	6	5	19
Loaded Curly Fries	1090	670	75	21	1	80	3950	77	6	6	27
Burger Bites & Curly Fries	1140	650	73	19	1.5	110	2930	85	6	11	38
Chili's Philly & Curly Fries	1530	790	88	26	2	165	5200	126	10	21	63
Side Curly Fries & Ranch	720	410	46	8	0	20	2140	69	5	2	8
Grown-Up Molten	1230	530	59	30	1	135	1030	155	5	109	12
Bone-In Wings (8 ct)	610	320	36	6	0	310	1130	0	0	0	72
Bone-In Wings (4 ct)	300	160	18	3	0	155	560	0	0	0	36
Boneless Wings (11 ct)	750	350	39	7	0	105	1660	52	3	0	46
Boneless Wings (5 ct)	350	170	18	3	0	50	780	24	1	0	22
Bar Menu Sauce Options	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Add 1.5 oz House BBQ Sauce	80	10	1	0	0	0	790	16	1	14	1
Add 1.5 oz Apple BBQ Sauce	90	0	0	0	0	0	160	24	0	22	0
Add 1.5 oz Garlic Parmesan Sauce	130	110	12	2	0	5	660	4	1	1	2
Add 1.5 oz Buffalo Sauce	35	25	3	0	0	0	1380	2	0	1	0
Add 1.5 oz Honey Chipotle Sauce	140	0	0	0	0	0	500	35	0	26	0
Add 1.5 oz Honey Sriracha	120	0	0	0	0	0	780	31	0	25	0
Add 1.5 oz Spicy Teriyaki	110	5	0.5	0	0	0	750	26	0	23	1
Add 1.5 oz Santa Fe Sauce	210	200	22	3.5	0	15	530	2	0	2	1
Add 1.5 oz Mango Habanero Sauce	60	0	0	0	0	0	590	13	1	11	0
Add 1.5 oz Bleu Cheese	250	240	27	5	0	15	260	1	0	1	1
Add 1.5 oz Ranch	170	160	18	3	0	15	300	2	0	2	1
Bar Menu Drinks	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
PB&J Shot	90	0	0	0	0	0	0	8	0	5	0
Lemon Drop Shot	110	0	0	0	0	0	0	11	0	10	0
Green Tea Shot	120	0	0	0	0	0	5	16	0	15	0
Ranch Water	100	0	0	0	0	0	0	2	0	1	0
Maker's Mark Old Fashioned	160	0	0	0	0	0	0	8	0	7	0
Tequila Trifecta	230	0	0	0	0	0	0	31	0	29	0
Fresh Mex <i>As Served</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Fresh Mex Bowl Chipotle Chicken	920	440	49	12	0	110	1700	80	7	7	42
Fresh Mex Bowl Chipotle Shrimp	880	430	47	12	0	220	2910	80	7	8	34
Quesadilla Bacon Ranch Steak	1790	1200	134	43	2	275	4000	70	4	10	80
Quesadilla Bacon Ranch Chicken	1670	1120	125	39	1.5	245	3030	70	4	10	70
Quesadilla Brisket	1670	1150	128	44	1.5	195	2980	77	4	17	54
Tacos Spicy Shrimp	970	410	46	11	0	210	3190	111	15	18	39
Kids Entrees	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Burger Bites	410	180	20	8	1	55	580	35	2	8	23
Cheese Quesadilla	460	270	30	13	0	55	750	29	1	1	17
Cheeseburger Bites	450	200	23	10	1	65	720	35	2	8	25
Cheesy Chicken Pasta	640	290	32	15	1	125	1380	46	3	4	44
Chicken Bites	310	60	7	2	0	65	600	34	2	8	28
Crispy Crispers	570	390	43	7	0	60	1630	21	1	2	24
Grilled Chicken Dippers	270	180	19	3.5	0	85	610	2	0	2	23
Kraft Macaroni & Cheese	430	110	12	4	0	15	940	64	3	11	15
Pizza - Cheese	500	300	33	14	1	45	770	34	2	3	17
Pizza - Pepperoni	590	370	41	17	1.5	65	940	34	2	3	20
Kids Sides	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Side Corn on the Cob	140	10	1.5	0	0	0	0	29	3	11	4
Side Celery with Ranch	170	160	18	3	0	15	330	3	1	2	1
Side Homestyle Fries	210	80	8	1.5	0	0	330	30	2	0	3
Side Mandarin Oranges	70	0	0	0	0	0	10	17	1	17	1
Side Mashed Potatoes	130	60	6	1.5	0	0	270	16	1	1	2
Side Salad with Ranch	230	190	21	4.5	0	20	440	8	1	3	4
Side Steamed Broccoli	40	5	0	0	0	0	45	8	4	2	3
Guiltless Grill <i>As Served</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
6 oz Sirloin with Grilled Avocado	340	150	17	4	0	85	1200	13	6	4	38
10 oz Sirloin with Grilled Avocado	490	220	24	7	1	140	1500	13	6	4	59

Guiltless Grill <i>As Served</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Ancho Salmon	620	270	30	5	0	100	1850	42	5	5	47
Cilantro-Lime Carne Asada	550	180	20	5	0	90	2030	52	7	4	39
Margarita Grilled Chicken	630	150	16	3	0	160	2280	68	7	9	52
Lunch Combos (LC) <i>w/o</i> Fries or Chips	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Boneless Wings w/Honey Chipotle Sauce	730	360	40	7	0	75	1740	67	2	27	27
Boneless Wings w/House BBQ	670	370	41	7	0	75	2020	48	3	16	28
Boneless Wings w/Bufallo Sauce	620	380	42	7	0	75	2620	33	2	2	27
Chipotle Chicken Fresh Mex Bowl	920	440	49	12	0	110	1700	80	7	7	42
Double Burger	800	440	49	21	2.5	145	2030	45	3	11	44
Lunch Chicken Fajitas <i>w/o</i> toppings	970	270	30	9	0	105	3180	126	13	16	49
Lunch Shrimp Fajitas <i>w/o</i> toppings	890	260	28	8	0	120	3450	126	13	16	33
Quesadilla Bacon Ranch Chicken	890	620	69	20	1	125	1620	35	2	4	35
Sandwich Bacon Avocado Chicken	610	300	33	10	0	140	1180	38	4	8	42
Tacos Spicy Shrimp	420	210	23	6	0	135	1290	40	5	9	19
Homestyle Fries (LC)	210	80	8	1.5	0	0	330	30	2	0	3
Tostada Chips with Salsa (LC)	910	410	45	7	0	0	1920	113	8	5	13
Greens with Envy <i>As Served</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Boneless Buffalo Chicken Salad	1020	580	64	14	0.5	145	4780	60	7	7	52
Caesar Salad Side	350	270	30	7	0	35	560	14	3	2	9
Caesar Salad (LC)	180	140	15	3.5	0	20	280	7	1	1	4
Chili's Ceasar Salad	490	340	37	9	0	50	870	25	5	4	16
Chili's House Salad <i>w/o</i> Dressing	280	130	14	6	0	25	560	29	4	7	12
Add Grilled Chicken	140	40	4.5	1	0	70	0	0	0	0	24
Add Ancho Salmon	380	200	22	4	0	95	850	5	0	1	41
Add Shrimp	60	20	2	0	0	120	810	1	0	0	11
House Salad (LC) <i>w/o</i> Dressing	70	30	3.5	1.5	0	5	140	8	1	2	3
House Salad Side <i>w/o</i> Dressing	150	60	7	3	0	15	280	15	2	4	6
Quesadilla Explosion Salad	1290	750	84	25	0	155	1570	80	9	15	56
Santa Fe Chicken Salad w/Chicken	560	350	39	7	0	90	670	25	8	7	30
Santa Fe Chicken Salad w/Crispers	810	540	60	10	0	65	1990	44	9	7	28
Salad Dressings <i>1.5 fl oz = LC; 2 fl oz = Entrée</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Ancho Chile Ranch (1.5 fl oz)	170	150	17	3	0	15	350	3	0	2	1
Ancho Chile Ranch (2 fl oz)	220	200	22	4	0	20	470	4	0	2	2
Avocado Ranch (1.5 fl oz)	140	130	14	2.5	0	10	250	3	1	1	1
Avocado Ranch (2 fl oz)	190	170	19	3	0	15	330	4	1	2	1
Bleu Cheese (1.5 fl oz)	250	240	27	5	0	15	260	1	0	1	1
Bleu Cheese (2 fl oz)	330	320	35	6	0.5	20	350	2	0	1	1
Caesar (1.5 fl oz)	220	210	23	4	0	25	250	2	0	1	2
Caesar (2 fl oz)	290	280	31	5	0	30	330	3	0	1	2
Citrus Balsamic Vinaigrette (1.5 fl oz)	250	230	25	4	0	0	230	5	0	5	0
Citrus Balsamic Vinaigrette (2 fl oz)	330	300	33	5	0	0	310	7	0	6	0
Honey Lime (1.5 fl oz)	200	160	17	2.5	0	15	200	12	0	11	1
Honey Lime (2 fl oz)	270	210	23	3.5	0	15	270	16	0	15	1
Honey Lime Vinaigrette (1.5 fl oz)	140	120	13	1.5	0	0	230	5	0	4	0
Honey Lime Vinaigrette (2 fl oz)	180	160	17	2	0	0	300	7	0	6	0
Honey Mustard (1.5 fl oz)	200	160	18	3	0	20	330	10	0	10	1
Honey Mustard (2 fl oz)	270	220	24	4	0	25	440	14	0	13	1
Ranch (1.5 fl oz)	170	160	18	3	0	15	300	2	0	2	1
Ranch (2 fl oz)	230	210	23	4	0	20	410	3	0	2	2
Santa Fe (1.5 fl oz)	210	200	22	3.5	0	15	530	2	0	2	1
Santa Fe (2 fl oz)	280	270	30	4.5	0	20	710	3	0	2	1
Thousand Island (1.5 fl oz)	200	180	19	3	0	20	370	6	0	6	0
Thousand Island (2 fl oz)	270	230	26	4	0	25	490	9	0	8	1
Sandwiches <i>w/o</i> Fries	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Bacon Avocado Chicken Sandwich	1140	540	60	15	0.5	260	2310	75	9	15	78
Buffalo Chicken Ranch Sandwich	980	460	51	9	0	110	4300	84	6	13	46
Big Mouth Crispiest Chicken Sandwich	1040	510	56	10	0	110	2530	90	6	20	45
Our Good Sides <i>As Served</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Asparagus	35	10	1	0	0	0	135	5	3	2	3
Black Beans	120	10	1	0	0	0	710	20	6	2	7
Coleslaw	220	190	21	3.5	0	20	270	14	2	11	2
Homestyle Fries	420	150	17	2.5	0	0	660	60	5	0	6
Loaded Mashed Potatoes	350	180	20	6	0	30	820	33	3	3	10
Mexican Rice	160	40	4.5	1	0	0	480	27	1	1	3
Roasted Street Corn	390	250	28	5	0	25	270	30	3	12	6
Steamed Broccoli	40	5	0	0	0	0	250	8	4	2	3
Sweet Corn on the Cob	180	60	6	1	0	0	360	29	3	11	4
Smokehouse Combos <i>Choose 2 or 3</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Brisket Quesadilla	730	480	54	20	0.5	85	1240	35	2	6	25
Crispers Crispy <i>w/o</i> Sauce	590	340	38	7	0	70	1990	28	2	1	34
Crispers Honey Chipotle w/ Ranch	900	500	56	10	0	85	2800	66	2	28	35
Crispers Original w/ Honey Mustard	610	320	36	6	0	105	2540	36	0	10	37
Jalapeno-Cheddar Smoked Sausage	380	280	31	13	1	95	1340	4	1	0	21
Ribs Dry Rub	780	490	54	20	0	205	2960	23	2	19	50
Ribs Honey-Chipotle BBQ	760	480	53	20	0	205	900	23	0	17	49
Ribs House BBQ	720	480	53	20	0	205	1090	11	1	9	49

All Smokehouse Combos Include	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Garlic Toast	140	60	7	1.5	0	0	380	17	1	1	3
Homestyle Fries	420	150	17	2.5	0	0	660	60	5	0	6
Roasted Street Corn	390	250	28	5	0	25	270	30	3	12	6
Soups & Chili As Served	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Chicken Enchilada - Bowl	410	230	26	9	0	65	1490	24	3	3	20
Chicken Enchilada - Cup	200	120	13	4.5	0	35	750	12	1	2	10
Clam Chowder - Bowl	320	210	24	13	1	95	750	18	1	6	11
Clam Chowder - Cup	160	110	12	7	0	45	380	9	1	3	5
Loaded Baked Potato - Bowl	430	270	30	19	0.5	100	1280	25	2	7	17
Loaded Baked Potato - Cup	220	130	15	9	0	50	640	12	1	4	8
Southwest Chicken - Bowl	240	100	11	2	0	20	1320	27	3	2	9
Southwest Chicken - Cup	120	50	5	1	0	10	660	14	2	1	4
The Original Chili - Bowl	600	310	35	13	1.5	70	2000	28	2	5	27
The Original Chili - Cup	300	160	17	6	0.5	35	1000	14	1	2	14
Steaks w/o Sides	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Classic Ribeye	630	360	40	17	2.5	185	1450	0	0	0	67
Classic Sirloin 10 oz	390	170	19	7	1	140	960	2	0	1	55
Classic Sirloin 6 oz	260	120	13	4.5	0	85	640	1	0	0	34
Add Seared Shrimp - Full Order	60	20	2	0	0	120	810	1	0	0	11
Add Seared Shrimp - Half Order	30	10	1	0	0	60	400	0	0	0	6
Sweet Stuff As Served	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Cheesecake	720	380	43	23	1.5	210	430	73	1	60	11
Mini Molten Chocolate Cake	670	280	31	14	0	75	700	95	0	65	7
Molten Chocolate Cake	1170	530	59	30	1	135	1030	155	5	109	12
Skillet Chocolate Chip Cookie	1210	450	50	25	0.5	95	890	177	5	105	15
Extras	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Avocado Slices	80	70	7	1	0	0	0	4	3	0	1
BBQ Sauce House 1.5 oz	80	10	1	0	0	0	790	16	1	14	1
Burger Bun, Buttered	260	70	8	1.5	0	0	360	41	2	9	7
Cheese, American	70	50	5	3.5	0	20	270	1	0	1	3
Cheese, Cheddar	80	60	7	4	0	20	135	1	0	0	5
Cheese, Pepper Jack	80	60	6	4	0	20	135	1	0	0	5
Cheese, Swiss	80	60	7	4	0	20	40	0	0	0	6
Fresh Guacamole - Large Side	200	160	18	2.5	0	0	380	12	9	2	3
Fresh Guacamole - Small Side	110	80	9	1.5	0	0	190	6	4	1	1
Gravy, Black Pepper 1.5 oz	30	15	2	0.5	0	0	470	3	0	1	0
Honey Chipotle Sauce 1.5 oz	140	0	0	0	0	0	500	35	0	26	0
Pickles	5	0	0	0	0	0	430	1	0	0	0
Salsa 1.5 oz	10	0	0	0	0	0	420	3	1	1	0
Sour Cream	35	25	3	1.5	0	10	70	2	0	2	1
Wing Sauce 1.5 oz	35	25	3	0	0	0	1380	2	0	1	0
PARTY PLATTER (PP) PORTIONS - Platters serve approximately 6-8 & sides serve 4-6											
PP Beverages By the Gallon	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Iced Tea	40	0	0	0	0	0	115	11	0	0	0
Iced Tea - Blackberry	820	0	0	0	0	0	105	202	0	188	0
Iced Tea - Mango	840	0	0	0	0	0	105	209	0	192	0
Lemonade - Strawberry	1920	5	0.5	1.5	0	0	450	522	9	492	3
PP Appetizers	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Big Mouth Bites (20 ct)	6750	3880	431	144	13	995	14260	391	25	104	329
Big Mouth Bites (12 ct)	4100	2370	263	87	8	600	8640	235	15	63	198
Southwestern Eggrolls (24 ct)	6370	2930	325	82	1.5	400	17390	649	64	66	219
Southwestern Eggrolls (12 ct)	3190	1460	163	41	0.5	200	8700	324	32	33	109
Tostada Chips with Salsa	5350	2430	270	44	0	0	8170	660	45	18	73
Add White Spinach Queso	550	400	45	22	1	100	1250	14	4	5	26
Add Skillet Queso	420	280	31	14	0	80	1810	13	2	10	21
Add Fresh Guacamole	230	190	21	3	0	0	430	14	10	2	3
PP Appetizers - Triple Dipper Listed w/o Dipping Sauce	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
TD™ Big Mouth Bites (6 ct)	1820	970	108	39	3.5	280	3910	115	8	29	97
TD™ Bone-In Wings Buffalo (16 ct)	1290	700	77	13	0.5	625	5070	5	2	2	144
TD™ Bone-In Wings Honey Chipotle (16 ct)	1780	650	72	13	0.5	625	4320	143	2	104	144
TD™ Bone-In Wings House BBQ (16 ct)	1530	680	76	13	0.5	625	5450	66	4	57	147
TD™ Boneless Wings Buffalo (18 ct)	1590	770	86	14	0	205	7050	111	8	2	93
TD™ Boneless Wings Honey Chipotle (18 ct)	2050	710	79	14	0	205	5380	248	9	104	93
TD™ Boneless Wings House BBQ (18 ct)	1810	740	83	14	0	205	6510	171	11	57	96
TD™ Crispy Style Crisps (15 ct)	2960	1720	191	33	0	350	9960	142	8	4	170
TD™ Honey-Chipotle Crisps (15 ct)	2780	1300	144	25	0	260	9510	248	7	105	128
TD™ Original Crisps (15 ct)	2050	800	89	16	0	440	11040	131	0	0	182
TD™ Southwestern Eggrolls (6 ct)	1320	480	53	16	0	80	3850	157	14	14	53
BBQ Sauce House 6 fl oz	300	40	4	0	0	0	3150	64	4	56	3
Bleu Cheese 6 fl oz	980	960	106	19	1.5	55	1050	5	1	3	4
Honey Mustard 6 fl oz	820	660	73	12	1	80	1330	41	1	38	3
Ranch Dressing 6 fl oz	680	630	70	12	1	65	1220	8	0	6	5

PP Boneless Wings - 22, 33 & 66 ct Listed w/o Dipping Sauce	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Boneless Wings Buffalo (11 ct)	790	390	43	7	0	105	3500	55	4	1	46
Boneless Wings Honey Chipotle (11 ct)	1020	360	39	7	0	105	2660	123	4	51	46
Boneless Wings House BBQ (11 ct)	900	370	41	7	0	105	3230	85	5	28	48
PP Bone-In Wings - 16, 24 & 48 ct Listed w/o Dipping Sauce	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Bone-In Wings Buffalo (8 ct)	670	370	41	7	0	310	3890	3	1	1	72
Bone-In Wings Honey Chipotle (8 ct)	880	330	36	6	0	310	2130	71	1	51	72
PP Crispers- 8, 12 & 24 ct Listed w/o Dipping Sauce	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Crispy Style Crispers (8 ct)	1580	920	102	18	0	185	5310	76	4	2	90
Crispy Style Crispers (12 ct)	2370	1370	153	26	0	280	7960	114	6	3	136
Honey-Chipotle Crispers (8 ct)	2130	920	102	18	0	185	7320	217	5	105	91
Honey-Chipotle Crispers (12 ct)	3190	1380	153	26	0	280	10990	325	8	157	136
Original Crispers (8 ct)	1090	430	47	9	0	235	5890	70	0	0	97
Original Crispers (12 ct)	1640	640	71	13	0	350	8830	105	0	0	145
PP Crispers - Dipping Sauces	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
BBQ Sauce House 4 fl oz	200	25	3	0	0	0	2100	43	2	37	2
Honey Mustard 4 fl oz	550	440	49	8	0.5	50	890	27	1	25	2
Ranch Dressing 4 fl oz	450	420	47	8	0.5	40	810	6	0	4	3
PP Salads & Sandwiches	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Caesar Salad	1050	790	87	21	1	110	1730	41	8	7	31
House Salad w/o 6 fl oz Dressing (SM)	610	260	29	9	0	40	1370	68	7	13	23
House Salad w/o 10 fl oz Dressing (LG)	1110	510	57	22	0	105	2230	111	17	27	48
Ancho Chile Ranch 6 fl oz	440	400	45	8	0.5	40	950	8	0	5	3
Avocado Ranch 6 fl oz	370	340	37	6	0	30	670	7	2	3	3
Bleu Cheese 6 fl oz	650	640	71	13	1	35	700	3	0	2	3
Caesar 6 fl oz	590	560	62	11	0	60	670	5	1	2	5
Citrus Balsamic Vinaigrette 6 fl oz	650	600	67	10	0	0	620	15	0	12	1
Honey Lime 6 fl oz	540	420	46	7	0	35	550	32	0	30	2
Honey Lime Vinaigrette 6 fl oz	360	310	35	4	0	0	610	14	0	12	0
Honey Mustard 6 fl oz	550	440	49	8	0.5	50	890	27	1	25	2
PP Salads & Sandwiches	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Ranch 6 fl oz	450	420	47	8	0.5	40	810	6	0	4	3
Santa Fe 6 fl oz	560	540	59	9	0	40	1430	7	1	4	1
Thousand Island 6 fl oz	530	470	52	8	0	50	980	17	1	16	1
Quesadilla Explosion Salad	5090	3120	347	102	2	610	6340	285	34	67	220
Santa Fe Grilled Chicken Salad	2450	1610	179	31	1.5	385	3070	103	30	28	123
PP Fajitas (Small) As Served	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Grilled Chicken Small	4150	1480	164	72	0.5	675	12760	433	46	56	239
Grilled Steak Small	4350	1670	186	80	2	585	12990	438	46	58	237
Seared Shrimp Small	3880	1440	160	70	0.5	855	14670	431	46	55	184
PP Fajitas (Large) As Served	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Grilled Chicken Large	7880	2650	294	123	1	1245	24830	862	93	110	452
Grilled Steak Large	8290	3030	337	140	4	1065	25300	873	93	114	448
Seared Shrimp Large	7350	2560	285	120	1	1600	28640	860	93	110	343
PP Fajitas Mix & Match/Trio (Small) Choose 2 or 3 Proteins	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Fajita Peppers & Onions	320	160	17	4	0	0	1500	40	6	19	5
Grilled Chicken (1 choice)	290	60	7	1.5	0	210	1060	2	0	1	55
Grilled Steak (1 choice)	400	160	18	6	0.5	165	1180	5	0	2	54
Seared Shrimp (1 choice)	160	45	5	1	0	300	2020	1	0	1	28
Add Fajita Accompaniments (Small)	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Fresh Toppings	1030	730	81	47	0	250	3070	24	3	14	57
Flour Tortillas (12 each)	1070	270	30	14	0	0	1300	173	12	12	28
Corn Tortillas (12 each)	750	70	8	1.5	0	0	5	153	15	3	16
Add Guacamole	200	160	18	2.5	0	0	380	12	9	2	3
Add Cadi	1140	200	22	3	0	5	4760	191	26	10	38
Add White Queso & Pico de Gallo	340	240	27	13	1	50	1040	12	1	6	13
PP Fajitas Mix & Match/Trio (Large) Choose 2 or 3 Proteins	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Fajita Peppers & Onions	640	310	35	8	0.5	0	3000	80	12	37	11
Grilled Chicken (1 choice)	590	130	14	3.5	0	420	2130	4	0	1	111
Grilled Steak (1 choice)	790	320	36	12	1.5	330	2360	9	0	3	108
Seared Shrimp (1 choice)	320	90	10	2	0	600	4040	3	0	1	56
Add Fajita Accompaniments (Large)	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Fresh Toppings	1640	1140	127	74	0	395	5450	46	6	27	89
Flour Tortillas (24 each)	2140	540	60	28	0	0	2600	345	24	24	55
Corn Tortillas (24 each)	1490	140	15	3	0	0	15	306	30	6	32
Add Guacamole	410	320	36	5	0	0	750	25	17	4	6
Add Cadi	2280	400	44	6	0	10	9520	383	51	19	76
Add White Queso & Pico de Gallo	740	530	59	29	2	110	2200	24	3	13	29
PP Texas- Size Baby Back Ribs	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Dry Rub (Large)	5920	3860	429	163	2	1645	20490	120	10	95	397
Dry Rub (Small)	3110	1950	217	82	1	825	11820	92	7	75	200
Honey Chipotle BBQ (Large)	6630	3810	423	162	2	1645	9230	329	3	240	392
Honey Chipotle BBQ (Small)	3590	1910	212	81	1	825	5620	235	2	171	196

PP Texas- Size Baby Back Ribs	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
House BBQ (Large)	6060	3880	432	163	2	1645	11880	150	8	130	397
House BBQ (Small)	3180	1960	218	82	1	825	7510	107	6	93	200
PP Make it a Combo Choose 2 Entrees & 2 Sides	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
6 oz Classic Sirloin	1020	470	52	18	2	335	2570	4	0	0	135
Ancho Salmon	1650	890	99	17	1	395	4470	26	3	9	166
Jalapeno-Cheddar Smoked Sausage	1520	1120	125	52	3.5	385	5370	16	4	1	84
Margarita Grilled Chicken	660	130	15	3.5	0	420	2630	21	0	16	111
Ribs - Dry Rub	3110	1950	217	82	1	825	11820	92	7	75	200
Ribs - Honey Chipotle	3590	1910	212	81	1	825	5620	235	2	171	196
Ribs - House BBQ	3180	1960	218	82	1	825	7510	107	6	93	200
Seared Shrimp	260	70	8	1.5	0	480	3230	2	0	1	45
PP Our Good Sides	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Asparagus	110	30	3.5	0	0	0	400	16	8	5	10
Coleslaw	1760	1520	172	27	1	155	2140	110	19	88	12
Black Beans	610	45	4.5	0	0	5	3450	100	28	8	33
Homestyle Fries	2510	910	101	16	0	0	8320	363	29	3	37
Loaded Mashed Potatoes	1640	860	96	31	1	150	3830	147	13	13	52
Mexican Rice	1130	290	32	6	0	0	3340	192	5	4	21
Roasted Street Corn	2320	1490	165	31	2.5	145	1640	182	16	72	36
Steamed Broccoli	250	25	3	0.5	0	0	2460	50	23	9	16
Sweet Corn on the Cob	1100	340	38	6	1	0	2180	174	15	68	23
PP Pasta	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Cajun Pasta w/Chicken (Large)	5050	2140	240	96	4	730	15030	472	32	25	255
Cajun Pasta w/Chicken (Small)	2670	1130	127	49	2	365	7780	253	17	13	131
Cajun Pasta w/Shrimp (Large)	4620	1960	218	91	4	785	14510	466	30	22	193
Cajun Pasta w/Shrimp (Small)	2450	1040	116	47	2	395	7520	250	16	12	100
PP Sweet Stuff	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Chocolate Chip Cookie	5500	1840	204	94	1.5	290	4400	858	29	522	65
Dessert Combo	5880	2000	222	94	2.5	445	5780	924	16	585	66
Dessert Trio	6010	2330	259	116	5	785	5260	870	18	608	75
Min Molten-Cakes	4540	1530	170	62	2.5	455	5290	736	2	512	49

Cals...Calories
Fat Cals...Calories from Fat
Sat...Saturated Fat
Trans...Trans Fat

Chol...Cholesterol
Sod...Sodium
Carbs...Carbohydrates
Prot...Protein

(g)...grams
(mg)...milligrams

*** Nutrition analysis for select beverages is based on standardized ice fill.**

The nutritional analysis is comprised of data from an independent testing facility commissioned by Chili's, combined with nutrient data from Chili's suppliers, the United States Department of Agriculture and nutrient database analysis of Chili's recipes using Genesis SQL Nutritional Analysis Program from ESHA Research in Salem, Oregon. The rounding of figures is based on Food and Drug Administration guidelines. Chili's attempts to provide nutritional information regarding its products that is as complete as possible. Some menu items may not be at all restaurants; test products, test recipes, limited time offers, or regional items may not be included. While menu item ingredients information is based on standard product recipes, variations may occur due to ordinary differences inherent in the preparation of menu items, local suppliers, region of the country and season of the year. Additionally, no products are certified as vegetarian. This listing is updated periodically in an attempt to reflect the current status of Chili's products.